Poor People’s Campaign

NEW HAMPSHIRE FACT SHEET • 2023

In 2019, before the pandemic hit, 140 million Americans were living in poverty or just one emergency away from economic ruin: 60% of Black people (24 million), 64% of Hispanic/Latino people (38 million), 40% of Asian people (8 million), 60% of Indigenous and Native people (2 million) and 33% of white people (66 million).* These tens of millions of people live in every region, state and county in the country. Poverty was the fourth leading cause of death, claiming more lives than homicide, gun violence, diabetes or obesity. Long-term poverty was responsible for 295,000 deaths a year - or over 800 deaths a day.

The pandemic festered in these fissures, taking root in systemic racism, poverty, the denial of health care, ecological devastation, wealth inequality and rampant military spending. During the first two years, governments at all levels responded to the crisis by expanding access to health care, housing, water, food and utilities. These overdue changes proved that in the world’s richest country, we can ensure a dignified life for all. But these pandemic programs were temporary. When they ended abruptly, poverty and related interlocking injustices began to rise once again.

While millions of people remain without work, living wages, housing, clean water, food or health care, corporations and the wealthy are doing exceedingly well. Between 2020-2022, billionaire wealth grew by $1.5 trillion - more than $2 billion a day.

Religious and moral texts are clear that making policy that does not protect the rights of the poor and puts the cause of the wealthy first is evil and wrong. Isaiah 10 says, “Woe to those who legislate evil, who make unjust laws to deprive the poor of their rights and withhold justice from the oppressed.” Jeremiah 22 reminds us, “Thus says the Lord: Do justice and righteousness, and deliver from the hand of the oppressor those who have been robbed. And do no wrong or violence to the immigrant, the orphan, and the widow, nor shed innocent blood in this place.” Matthew 25 tells us, “Truth, I say to you, as you did not do it to one of the least of these, you did not do it to me.”

Indeed, the first governing principle of the US Constitution is to establish justice.

If we do not want to enable this wrongdoing, we must speak out and stand up against it. This is why the Poor People’s Campaign: A National Call for Moral Revival is organizing across the nation: to reveal these injustices, change the narrative, and build our power.

Fight Poverty, not the Poor!

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*The PPC-NCMR created this fact sheet using the most comprehensive and current publicly available data through May 2023. Where possible, data is disaggregated to reflect the complex reality of the interrelated injustices contained in this document. Unfortunately, there are significant gaps in racial, ethnic and other demographic data, reflecting gaps in data collection and statistical methodologies, which the PPC-NCMR cannot control. We continue to push for improvements to fill those gaps.

For more information and resources, visit poorpeoplescampaign.org.
IN NEW HAMPSHIRE:

Poverty and Low-Wages: Poverty is a policy choice, reflecting both low wages and high costs of living. These two conditions make it hard to meet basic needs and easy to fall into debt. In New Hampshire:

- Between 2018-2020, there were 403,000 poor and low-income people, accounting for 29.7% of the population.**
- To meet their basic needs, a household with two adults and two children needs to earn over $25/hour. However, the current minimum wage is just $7.25/hour. At this wage, an individual must work 145 hours/week to afford a modest two-bedroom apartment.
- There are 190,808 people, or 25.6% of the workforce, earning less than $15/hour. This includes 159,302 adults and 27.1% of Asian and Native workers, 38.8% of Black workers, 41.8% of Hispanic workers, 24.7% of white workers, 32.7% of working women and 44.7% of working women of color.
- Average household debt rose 8% in 2022 to an average of $146,020.
- Average student loan debt held by households was $4,670 at the end of 2022.

Rolling Back on Basic Needs: Pandemic relief policies temporarily lifted the load of poverty, but ended too soon, resulting in higher rates of economic, food and housing insecurity. In New Hampshire:

- In 2021, 230,000 children in 144,000 households received the expanded Child Tax Credit and 70,000 low-wage workers without children received the expanded Earned Income Tax Credit. The expansions contributed to a dramatic decline in poverty, but ended in 2021.
- In 2022, 69,300 people relied on expanded SNAP (food stamps) benefits to feed themselves and their families. However, in 2023, SNAP benefits were reduced by $90-$250/month, cutting them down to 66% of the national average. At least 35,389 people will be impacted by these cuts.
- At the beginning of 2023, more than one year after eviction protections were ended, 37,932 households reported being behind on their rent or housing payments.

Health Care and the Pandemic: Across the country, approximately 1,000 people are still dying from Covid every week and millions of people lack access to health care. In New Hampshire:

- During the most intense period of the pandemic, 66,900 people were uninsured.
- With the ending of continuous eligibility for Medicaid, 44,900 people are estimated to lose access to health care.
- Approximately 564,000 workers, or 73% of the workforce, do not have access to paid leave.
- Between 2019 and 2020, New Hampshire experienced nearly a 5 month decline in average life expectancy.

Climate Crisis and Ecological Devastation: Extreme heat, storms and drought are becoming more common, with poor and low-income communities at greatest risk. In New Hampshire:

- Over the past century, the state warmed 1.7 degrees Celsius, which is 0.6 degrees greater than the global average. As this trend continues, food production, spread of diseases, and health will all be adversely impacted.
- Precipitation patterns have also changed, with increased risks of flooding, drought and water scarcity.
- The percentage of poor and low-income household income that goes towards energy costs is 5 times greater than what an average income household spends on energy.

Democracy: Across the nation, a surge of attacks on voting rights and on the rights of women and LGBTQ+ people are denying basic rights to millions of people and constraining our ability to participate in democracy. Poor and low-income people can change this in New Hampshire:

- There were 21 voter restrictive bills introduced between 2020 and 2023, and 4 anti-LGBTQ+ law introduced in 2023. Three voter restrictive bills were enacted but none of the anti-LGBTQ+ laws were passed.
- In New Hampshire, there are 256,502 poor and low-income eligible voters, including 248,252 white voters, 2,219 Latino voters, 715 Asian voters, 446 Black voters and 34 Indigenous voters. Together, they account for 19.27% of the electorate.


Militaryism: Government spending that prioritizes war, mass incarceration, excessive policing, and anti-immigrant forces is leading to greater violence, fear and criminalization of the poor. In New Hampshire:

- In 2023, taxpayers will contribute $4.47 billion to Pentagon spending, $127.04 million to immigration enforcement and $153.12 million to nuclear weapons.
- Over the past 30 years, $4 million in military equipment (tanks, drones, combat rifles and ammunition) has been transferred from the Pentagon to state and local law enforcement.
- Between 2001-2020, 678 veterans committed suicide.
- In 2021, 123 people were killed by gun violence.
- There are 3,527 people incarcerated. As of April 2023, 55 immigrants are in detention.
- From Oct 2002-June 2022, at least six people were deported from New Hampshire.

There is an abundance of wealth and resources to meet our basic needs and ensure we all survive and thrive.

- A proposed federal tax on the annual increase in billionaires’ wealth would generate an estimated $557 billion over 10 years. The state takes interest and dividends but not ordinary income.
- In New Hampshire, state taxpayer dollars are being siphoned towards militarism: state taxpayer dollars for deportations and border control could instead subsidize more than 21,000 public housing units. Taxpayer dollars going to nuclear weapons could provide health insurance for nearly 44,000 children. Taxpayer dollars going to the biggest weapons contractor, Lockheed Martin, could hire more than 2,300 elementary school teachers.
- More than $42.09 million from New Hampshire taxpayers that is going to federal prisons could instead power more than 169,748 households with solar energy.
- New Hampshire has only spent $114 million of the $994 million it was allocated under the American Rescue Plan, which could be used for housing, health care and other pressing needs. If the state and local governments do not allocate these resources by December 2024, the remaining funds will be lost.

Moving these resources, and investing more, to fully meet all of our needs will save lives and revive our national economy.

- During the pandemic, eviction moratoria and moratoria on utility disconnections saved lives. If enacted earlier, they could have reduced Covid deaths by 40% and 15%, respectively, across the nation. Universal health care could have saved lives.
- Enacting Medicare for All will save $450 billion in health care costs and 68,000 lives every year.
- Ending mass incarceration could raise average US life expectancy by five years.
- Providing permanent safe housing delivers lifelong benefits to children and families at an national average cost of $12,800 per person per year, far less than the cost of crisis services for those suffering chronic homelessness.
- Paid Family and Medical Leave improves employment, especially among women, increases child well-being and protects against poverty when health challenges arise.
- Increasing resources for the poor stimulates the economy much more than making the rich even richer, because the poor need to spend nearly everything they earn. Every dollar going to a low-wage worker adds $1.20 to the economy overall. Every dollar spent on food stamps generates $1.50-$1.80 in economic activity.
- Expanded unemployment insurance during the pandemic protected 5.1 million jobs by boosting economic activity. The expanded Child Tax Credit was estimated to have a greater impact on the economy than military spending, without negative impacts on employment.
- Overture improvements to TANF could triple its reach and improve the lives of at least 2.38 million families nationwide.
- Every dollar invested in providing families clean water and proper sanitation yields 5 times as many returns to the US economy.
- Freedom from debt would allow more people to start small businesses and move around the country to take better jobs, strengthening our economy and workforce.